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Giovanni Anselmo

I, the world, all things, life itself all constitute energy situations. The essential is not to crystalize these situations, to keep them fluid and alive in terms of life.

Any mode of thought or being corresponds to a particular mode of action. My works embody my feelings as the energy given off by a situation or an event and not simply as the fruit of experiences incorporating annotations or signs or still life.

The energy of a torsion, for example, lives off its own farce and not, certainly off its form alone.

Since every appearance, every situation contains its own energy, work of this kind demands the most absolute freedom in the choice and use of materials. In this context 'Style', 'Form', 'Antiform' are meaningless words.

For me, my work is simply my pursuit of this vision of life. I know no other way to reach the living essence of reality, a reality that becomes in my works an extension of my living, thinking, acting self.

(from *Arte Povera* by G. Celant 1969)